

Timing Cyclo Science Conference

DUTCH

12u00	Ontvangst
12u30	Start Conferentie - intro Folker Lamote
12u40	Erman Aykurt GORE Culturally context - what shapes our aesthetic preferences
13u00	Dr. Vandenbussche Fietsen met knie- of heupprothese
13u20	Dr. De Maeyer Hartonderzoek bij duursport recreanten - vals gevoel van veiligheid of absolute noodzaak?
13u40	Prof. Kieran Clarke (University of OXFORD) How do Ketone esters work and do they work in cycling? (english spoken)
14u00	Heinrich Popow (gold medal 100m sprint paralympics London 2012) The paralympic dream (english spoken)
14u20	Vincent Callewaert , CEO SQUADT, health & performance center Waregem Herstelstrategieën bij elitesporters - waar ontmoeten wetenschap en praktijk elkaar?
14u40	Pauze
15u00	Dr. Van der Donckt & Dr. Ongena Steunzolen en fietsen - science or fiction?
15u20	Dr. Quanten & Egwin Ponette Centraal zenuwstelsel - de vergeten factor bij fietsen
15u50	Prof. Dr. Jan Bourgois Gepolariseerd of piramidaal trainen - sportdiscipline specifiek?
16u10	Alphonse Vermote Fietszadels - a pain in the ass?
16u30	Dr. Claes Het mysterie van knieblessures bij fietsers
17u00	Milaan San Remo LIVE comment Renaat Schotte & Fabian Cancellara
17u30	Ronde Tafel - Fabian Cancellara - Frederik van Lierde - Marc Herremans - Natascha Badmann & Toni Hasler - Heinrich Popow - Moderator: Renaat Schotte
19u00	Receptie molen
20u00	Afronden receptie
20u30	VIP diner + presentatie Fabian over sportieve doelen en business doelen.

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ENGLISH

12u00	Welcome
12u30	Start Conference - intro Folker Lamote
12u40	Erman Aykurt GORE Culturally context - what shapes our aesthetic preferences
13u00	Dr. Vandenbussche Cycling with knee- or hip prosthesis
13u20	Dr. De Maeyer Heartresearch with endurance sports recreants - false feeling of safety or necessity?
13u40	Prof. Kieran Clarke (University of OXFORD) How do Ketone esters work and do they work in cycling? (english spoken)
14u00	Heinrich Popow (gold medal 100m sprint paralympics London 2012) The paralympic dream (english spoken)
14u20	Vincent Callewaert , CEO SQUADT, health & performance center Waregem Recovery strategies with elite sporters - where do science and practice meet each other?
14u40	Break
15u00	Dr. Van der Donckt & Dr. Ongena Inlays and cycling - science or fiction?
15u20	Dr. Quanten & Egwin Ponette Central nervesystem - the forgotten part in cycling
15u50	Prof. Dr. Jan Bourgois Polarised or piramidal training - sports discipline specific?
16u10	Alphonse Vermote Cycling saddles - a pain in the ass?
16u30	Dr. Claes The mystery of knee injuries with cyclists
17u00	Milaan San Remo LIVE comment Renaat Schotte & Fabian Cancellara
17u30	Round table - Fabian Cancellara - Frederik van Lierde - Marc Herremans - Natascha Badmann & Toni Hasler - Heinrich Popow - Moderator: Renaat Schotte
19u00	Reception Hotond Mill
20u00	End reception
20u30	VIP dinner + presentation Fabian Cancellara on sportive and business goals